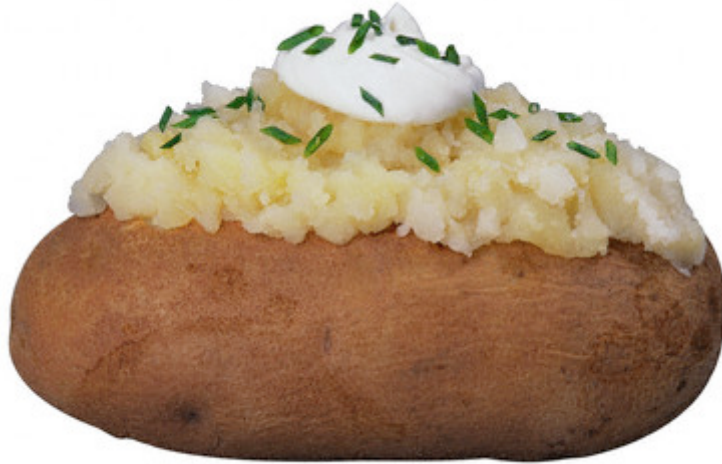


Basic Baked Potato



Set your oven to 450°. Wash the potato, removing all the dirt you can. Then, fill a deep bowl with warm water, and a bunch of salt. Pierce the potato with a fork all over, and then let it sit in the salt water while the oven preheats. Put the potatoes in the oven, right on the rack, and let them cook for an hour. How do you like to top your baked potato? And do you eat the potato skin, or do you leave it on the plate?